



From the Desk of Stella Fitzpatrick

Matthieu Yeghiazarian's knowledge of the human anatomy is amazing and one might say his hands are magical. Having a minor back surgery in 2010 (discectomy), I have since been plagued with aching/suffering off and on. So, while staying in Turks and Caicos, I once again found myself in agony. Sharp, shooting pain took over my whole being, especially when I would twist or try to get up from a seated position. Usually I would suffer through, but I was told, and wasn't given a chance to say no, that I was to see Matthieu promptly at 11:30 am - only two hours away - and immediately I was nervous. Being told that he has extraordinary skills, I was a little skeptical. Was he going to "adjust" me? My surgeon said this was off limits! Was he going somehow twist me up worse? Not even close!

Arriving at his office in the Neptune Court, near the epicentre of Grace Bay and behind Graceway Gourmet, I was not expecting the calmness that his office brought even before I was to meet him. Buddha statues brought about thoughts of peacefulness though I couldn't sit due to my pain for fear that I couldn't get up again. Matthieu greeted me with a smile and a handshake then immediately went into asking me a thorough set of questions to find out my history, to know what pain I am currently in, and to talk me through what he was going to do because as I am sure, he could feel my nervousness radiating from my core.

Being a very high-strung person, it was hard for me to relax but Matthieu was able to distract me while his hands did miraculous things! Here I was, lying on his table, completely in his control, and I am not one to let go of control. In the past, I have seen doctors and physical therapists regarding my pain, so being the logical thing, they worked on my back. Not Matthieu! He was able to pinpoint my issue immediately and knew right away that radiating from my hip flexor(s), a group of muscles that allow you to lift your knees and bend at the waist. He knew my pain was emanating from this group of muscles that is an essential part of my core... and not coming from my back, where I **thought** my pain was centered.

Matthieu's healing went further than only loosening up my muscles; he talked through what was going on with my body. He drew from his brilliant knowledge of the biology of the human anatomy and utilized the charts in his office to show me exactly what was going on and why what he did worked where others had failed. He talked me through how to do simple tasks that would cause me less pain, like getting in and out of bed and my vehicle. Matthieu also showed me step-by-step stretches that I could do at home to continue the hands-on healing that he gave my body. After realizing, **FINALLY**, what was happening to my physique it clicked what I had to do and to put in practice what he taught me.

Matthieu can hear the silent language of the body and its need for healing. He is gifted... with amazingly therapeutic hands and a remarkable knowledge of the anatomy. His passion to heal radiates from his soul and it makes me wish I could take him home to the states with me. If ever you are in the need for healing while here on Providenciales, Turks and Caicos I suggest you look no further. You will not find anyone more miraculous than Matthieu Yeghiazarian, Osteopath D.O., of Inter Island Medical Services.

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